

CAUSA POSSIBILI VARIAZIONI di PROGRAMMA  
SI CONSIGLIA LA PRENOTAZIONE ANTICIPATA - GRAZIE!



# GENNAIO

## *Felice* 2025

01-gen	Mer	
02-gen	Gio	
03-gen	Ven	
04-gen	Sab	
05-gen	Dom	
06-gen	Lun	
07-gen	Mar	<b>Yoga h.10.00 - 11.00 / h. 18.30 - 19.30 / h. 20.00 - 21.00</b>
08-gen	Mer	<b>Yoga h.19.00-20.00</b>
09-gen	Gio	<b>Yoga h. 18.30-19.30 / Pilates h. 20.00 - 21.00</b>
10-gen	Ven	
11-gen	Sab	<b>Yoga Insegnanti h.09.00-17.00 / Teatro Terapia h. 15.00-17.00</b>
12-gen	Dom	<b>Reiki III° Livello h. 10.00-12.30 Yoga Insegnanti h.09.00-17.00</b>
13-gen	Lun	<b>Pilates h.19.00-20.00/PNF Online h.20.00-21.30</b>
14-gen	Mar	<b>Yoga h.10.00 - 11.00 / h. 18.30 - 19.30 / h. 20.00 - 21.00</b>
15-gen	Mer	<b>Yoga h.19.00-20.00</b>
16-gen	Gio	<b>Yoga h. 18.30-19.30 / Pilates h. 20.00 - 21.00</b>
17-gen	Ven	
18-gen	Sab	<b>REIKI 10.00-12.30 / 14.30-17.45</b>
19-gen	Dom	<b>REIKI 09.45-12.30 / 14.00-17.15 2°</b>
20-gen	Lun	<b>Pilates h.19.00-20.00/PNF Online h.20.00-21.30</b>
21-gen	Mar	<b>Yoga h.10.00 - 11.00 / h. 18.30 - 19.30 / h. 20.00 - 21.00</b>
22-gen	Mer	<b>Yoga h.19.00-20.00</b>
23-gen	Gio	<b>Yoga h. 18.30-19.30 / Pilates h. 20.00 - 21.00</b>
24-gen	Ven	
25-gen	Sab	<b>Riflessologia h. 10.00-12.30/14.00-17.00 MASSAGGIO EMOZIONALE h. 9.30-12.30 / 14.00-17.30</b>
26-gen	Dom	<b>Riflessologia h. 10.00-12.30/14.00-17.00 MASSAGGIO EMOZIONALE h. 9.30-12.30 / 14.00-17.30</b>
27-gen	Lun	<b>Pilates h.19.00-20.00/PNF Online h.20.00-21.30</b>
28-gen	Mar	<b>Yoga h.10.00 - 11.00 / h. 18.30 - 19.30 / h. 20.00 - 21.00</b>
29-gen	Mer	<b>Yoga h.19.00-20.00</b>
30-gen	Gio	<b>Yoga h. 18.30-19.30 / Pilates h. 20.00 - 21.00</b>
31-gen	Ven	